

wellness@nbkc

Account

money for the things you wish
you had money for

personal development

- Professional Development Courses
- Certifications
- Seminars and/or Conferences
- Leadership Retreats
- Tutoring programs
- Technology upgrades

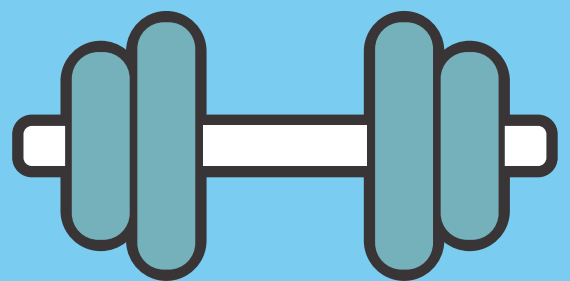


mental wellness

- Meditation classes and apps
- Marital counseling
- Spiritual or wellness retreats

physical wellness

- Gym memberships
- Yoga/Pilates classes
- hobby lessons (swimming, golf, tennis, etc.)



financial wellness

- Financial seminars
- Student Loan payments