

# SUBMITTING A CLAIM – wellness@nbkc account

**Step 1:** Log into your [P&A Group Portal](#) or the P&A App

**Step 2:** Under the Quick Links Section, select **Upload Claim/Documentation**

**My Benefits Home** | Forms | Member Tools | FAQ | Profile | Log Out | Help

Hello, Dana Krause.  
Member ID: [REDACTED]

### MY BENEFITS SUMMARY

Below is a summary of your employee benefit plan(s). For details on a plan such as completed transactions or claim information please click Show/Hide Plan Details. You may also perform different actions for each plan by selecting an action from the 'Choose an action' drop down menus.

#### Quick Links

- Benefits Card Order Form
- Claim Form
- Contact Us
- Direct Deposit
- FSA Videos
- HIPAA/Info Release
- Modify Profile Information
- Track a Fax/Claim
- Upload Claim/Documentation**

#### FSA

Get the most out of your FSA. Visit [FSA Store](#) and save \$10 with checkout code "PAS1". Limit one use per customer.  
**Please note:** Participants enrolled in a Limited Health FSA are not permitted to use their account to purchase OTC items per IRS regulations.

#### Plan Summary

#### WELLNESS

##### Plan Summary

Plan ID: NBKCBL23	Election amount: \$250.00
Plan type: wellness@nbkc	Available funds: \$250.00
Plan year start date: 01/01/2023	Amount contributed: \$250.00
Plan year end date: 12/31/2023	Total of claims submitted: \$0.00
Final date to submit claims: 01/31/2024	Total of claims paid: \$0.00
Status: Active	

Show/Hide Account Details

**Step 3:** Choose New Claim

## SELECT UPLOAD TYPE

Important: selecting the wrong claim type or document submission may result in processing delays.



**Step 4:** Choose NBKC BANK LIFESTYLE ACCOUNTS 2023 – wellness@nbkc


NBKC BANK FSA 2023 - HEALTH FSA  
**NBKC BANK LIFESTYLE ACCOUNTS 2023 - wellness@nbkc**

**Step 5:** Enter Service Date Range (the date(s) you purchased your item(s)) and click **Continue**


Service Date Range:  -

**Step 6:** Enter amount of claim and click **Continue**

Service Date Range:   -  

Enter in the total amount requested for this claim:  


**Step 7:** Click **Browse Files** to upload the receipt and then click **Continue**

 Running Shoes Receipt-2 - 05.21.2021.pdf [Remove](#)


Acceptable file formats: jpeg , jpg , png , bmp , tiff , tif , pdf.

**Step 8:** If you have any other claims to add, choose **Add Another Claim**. If not, click **Submit Claim**.

## UPLOAD SUMMARY

The items below are ready to be submitted as a claim. If this is the only item you are submitting for reimbursement, please click "**Submit Claim**". You can also add additional claims to this submission by clicking "**Add Another Claim**" or delete a claim from this submission using the  icon.

Claim Type: New Claim

 Refresh			
Account	Amount	Attachments	
NBKC BANK LIFESTYLE ACCOUNTS 2023 - wellness@nbkc	\$250.00	1	