

## Access to a licensed therapist by phone or video

Don't wait to get the support you need. In addition to your Teladoc General Medical services, you now have Mental Health. Get confidential counseling seven days a week for conditions like depression, anxiety, stress, marital or family issues, and much more by phone or video.

Schedule your appointment today.

Therapist \$50 per visit

**Psychiatrist** \$50 for an initial evaluation

\$50 each for subsequent visits

## The benefits of using Mental Health

- Choose the therapist you think would best fit your needs
- Speak with a therapist from any location
- Schedule an initial or ongoing appointment on your time
- Confidential treatment

Teladoc doesn't offer a crisis hotline. Appointments must be scheduled.

## Confidential therapy on your terms

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